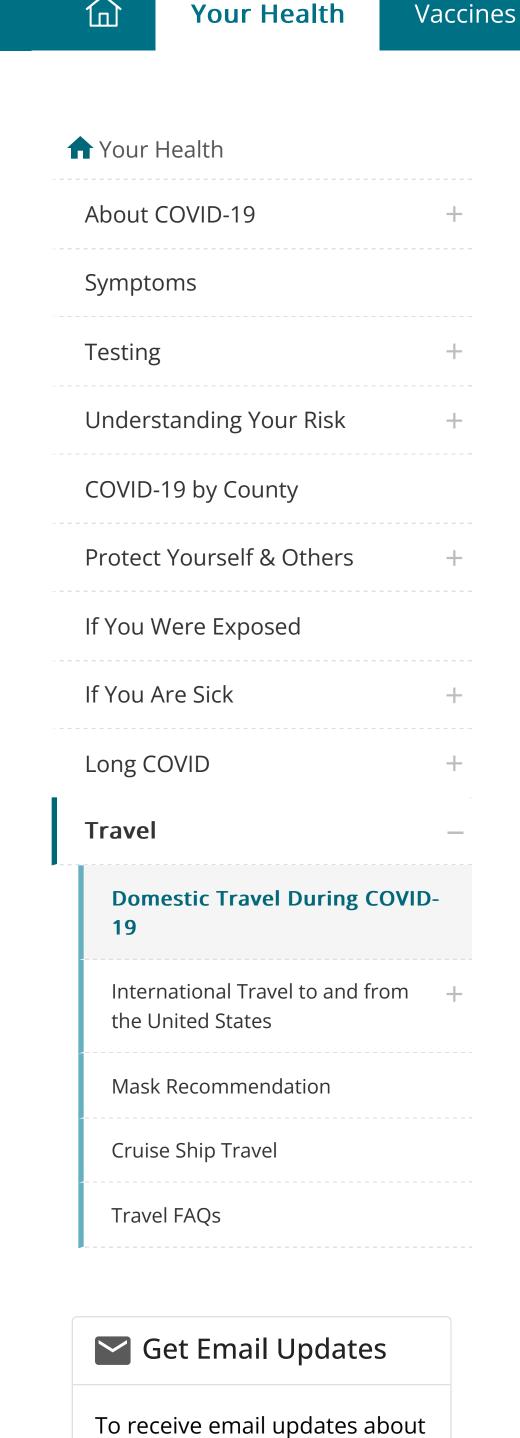
Science

More

COVID-19



COVID-19, enter your email

Submit

address:

What's this?

Email Address

Domestic Travel During COVID-19

Specific Settings

Information for People Traveling by Air and Land within the United States and U.S. Territories

Healthcare Workers

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During Travel

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Before You Travel

Updated Aug. 24, 2022 Español | Other Languages

Cases & Data

What You Need to Know

- Protect yourself and others from COVID-19:
 - Get up to date with your COVID-19 vaccines before you travel.
 - Consider getting tested <u>before</u> travel.
 - Follow CDC's <u>recommendations for wearing masks in travel and</u> public transportation settings.
 - Get tested <u>after travel</u> if your travel involved situations with greater risk of exposure such as being in crowded places while not wearing a high-quality mask or respirator.
- Check your destination's <u>COVID-19 Community Level</u> before traveling. State, tribal, local, and territorial governments may have travel restrictions in place.

Before You Travel

Make sure to plan ahead:

- Get up to date with your COVID-19 vaccines before you travel.
 - Find out when you can get your booster and where to get a vaccine or booster.
 - COVID-19 vaccines are effective at protecting people—especially those who are boosted— from getting seriously ill, being hospitalized, and even dying.
- Check the current <u>COVID-19 Community Level at your destination</u>.
- o If traveling to an area with high or medium COVID-19 Community Levels, and you are, live with, or are visiting someone who is at higher risk of getting very sick, learn how to protect yourself and them.
- Make sure you understand and follow all state, tribal, local, and territorial travel restrictions, including proper mask wearing, proof of vaccination, or testing requirements.
 - For up-to-date information and travel guidance, check the <u>state, tribal, local and territorial</u> health department's website where you are, along your route, and where you are going.
- If traveling by air, check if your airline requires any testing, vaccination, or other documents. • Prepare to be flexible during your trip as restrictions and policies may change during your travel.
- If you have a <u>weakened_immune_system</u> or <u>are at_increased_risk_for_severe_disease</u>, take multiple prevention steps to
- provide additional layers of protection from COVID-19 even if you are up to date with your COVID-19 vaccines. • Talk to your healthcare provider about your risk before travel and consider delaying travel to areas with high COVID-19 Community levels. Even if you are up to date, you should know what <u>precautions</u> to take.

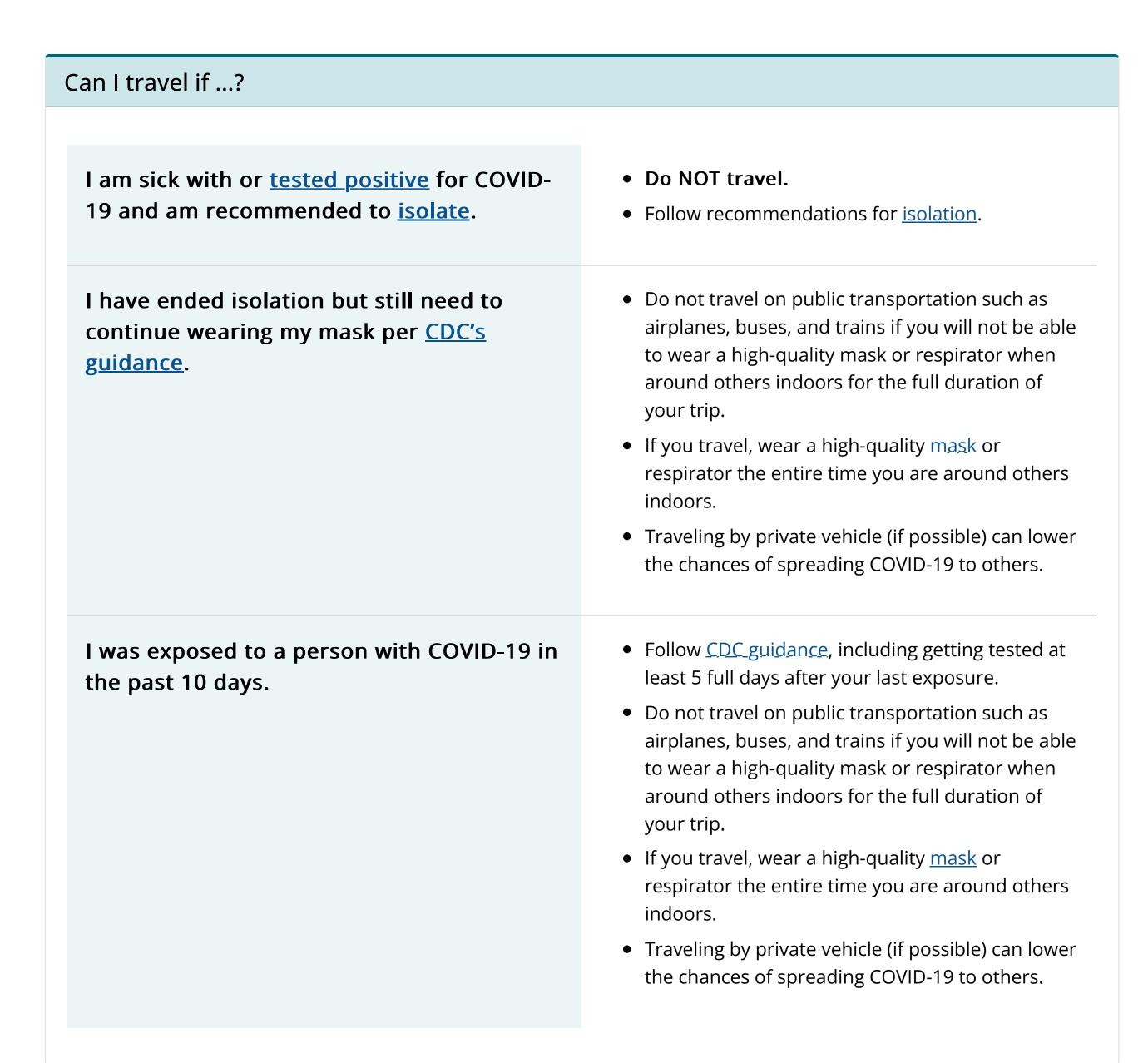




Testing

RECOMMENDED

- Consider getting tested with a viral test as close to the time of departure as possible (no more than 3 days) **before** travel.
 - Make sure you know your test results before travel. Don't travel if your test result is positive.
 - ∘ Find a COVID-19 testing location near you ☐ or use a self-test.
 - If you already had COVID-19 within the past 90 days, see <u>specific testing recommendations</u>.



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During Travel

Protect Yourself and Others



RECOMMENDED

- Follow CDC's recommendations for wearing masks in travel and public transportation settings.
- Follow <u>recommendations for protecting yourself and others</u>.
- Follow all <u>state, tribal, local, and territorial health recommendations and requirements</u> at your destination.

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After Travel



ALL Travelers

RECOMMENDED

- Get tested with a <u>viral test</u> if your travel involved situations with <u>greater risk of exposure</u> such as being in crowded places while not wearing a high-quality mask or respirator.
 - ∘ Find a COVID-19 testing location near you ☐ or use a self-test.
 - If you already had COVID-19 within the past 90 days, see specific testing recommendations.
- Monitor yourself for <u>COVID-19 symptoms</u>.
- Follow additional guidance if you know you were exposed to a person with COVID-19. • Follow all state, tribal, local, and territorial recommendations or requirements after travel.
- If you are going to be around someone who is at higher risk of getting very sick with COVID-19, consider additional precautions.

If Your Test is Positive or You Develop COVID-19 Symptoms

• Isolate yourself to protect others from getting infected. Learn what to do and when it is safe to be around others.

Summary of Recent Changes

Updates as of April 18, 2022

As a result of a court order, effective immediately and as of April 18, 2022, CDC's January 29, 2021, Order requiring masks on public transportation conveyances and at transportation hubs is no longer in effect. Therefore, CDC will not enforce the Order. CDC continues to recommend that people wear high-quality masks in indoor public transportation settings at this time.

More Information Frequently Asked Questions about Travel and COVID-19 International Travel

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Last Updated Aug. 24, 2022 Source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases

